



**NORTH EAST  
YOUTH ALLIANCE**



**COMMUNITY  
FUND**



**AND SAFETY • POLICE AND SAFETY**

**• POLICE AND SAFETY • PO**

**TOOLKIT**

# TABLE OF CONTENTS



**3**

About this toolkit

**4**

When young people hear the words  
Police and Safety what do they think?

**5**

What is Bad about Police and Safety  
Support Services?

**6**

What is Good about Police and Safety  
Services?

**7**

What do young people want  
professionals to do to improve services?

**8**

Activites created by Young People

**13**

Contact Information

# ABOUT THIS TOOLKIT

This toolkit has been created by young people from across the North East, through the work of the NEYA, in a variety of settings. Young people were given the time, space and opportunity to be open about the topic without being judge or made to feel uncomfortable. The information included has all been given by young people aged 11 to 25 years.

The toolkit will be distributed across various organisations to use in their work.

Young people were asked 4 questions as a guide but the direction each session went varied depending on the group. The questions considered were:

- 1 WHEN I HEAR THE WORDS POLICE AND SAFETY WHAT DO I THINK?**
- 2 WHAT IS BAD ABOUT POLICE AND SAFETY SERVICES?**
- 3 WHAT IS GOOD ABOUT POLICE AND SAFETY SERVICES?**
- 4 WHAT DO YOU WANT PROFESSIONALS TO DO TO IMPROVE POLICE AND SAFETY SERVICES?**



POLICE AND SAFETY • POLICE AND SAFETY • POLICE AND SAFETY • POLICE AND SAFETY

# WHEN YOUNG PEOPLE HEAR THE WORDS “POLICE AND SAFETY” WHAT DO THEY THINK OF?



In this section young people have shared what words they think of when they first hear the words Police and Safety. Young people were encouraged to be open and honest, putting what they first thought of.

# WHAT IS BAD ABOUT POLICE AND SAFETY SERVICES?

That it could lead to people to danger

Too much surveillance

not enough education or support with underprivileged families.

Too much reaction rather than prevention.

Not enough advertising

Needs to be more down to earth to attract and reform struggling teenagers.

Lack of funding

If someone has done something wrong and you get the blame

Not believed when you tell them

People get arrested and not your fault

Can get harmed – use force on you

Can use a dog on you that can hurt you

Uniform creates barriers

Intimidating

Lack of trust

Controlling



# WHAT IS GOOD ABOUT POLICE AND SAFETY SERVICES?

The help sometimes when things are happening

Help the community to stay safe

Sometimes they do the right thing

Stops you from doing bad things

Some are kind

Creates boundaries and rules as a community

Your safe when walking around

You will not get hurt

That you know you are safe and there is nothing to worry about

Helps you not get injured

Stops you from doing dangerous things

Have a good understanding of the issues young people face.

They are actually trying to improve the community.

• POLICE AND SAFETY • POLICE  
• SAFETY • POLICE

# WHAT CAN PROFESSIONALS DO TO IMPROVE POLICE AND SAFETY SERVICES FOR YOUNG PEOPLE?

To get loads more people to help

Look into things deeper

Make sure you have the right person arrested

Stop letting people buy knives

Go into the community more for walk paroles but also do open days to talk to police also out of uniform.

More support around the world

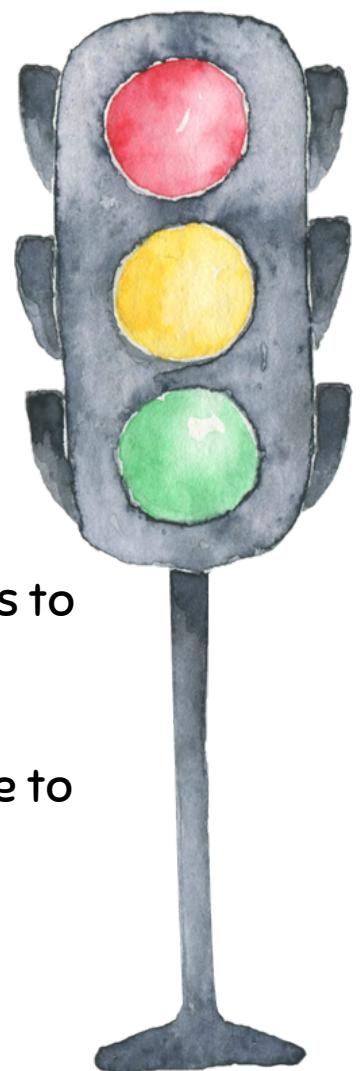
Stay with a parent till you are the age 16

Help people stay safe

More cameras around places

Be more down to earth and change from uniforms to being more human and real.

Listen to what the people accessing services have to say, be present and consistent support



• POLICE AND SAFETY • POLICE  
• SAFETY • POLICE

# ACTIVITY IDEAS BY YOUNG PEOPLE

• POLICE AND SAFETY • POLICE AND SAFETY • POLICE AND SAFETY • POLICE AND SAFETY • POLICE AND SAFETY • POLICE AND SAFETY • POLICE AND SAFETY • POLICE AND SAFETY • POLICE AND SAFETY • POLICE AND SAFETY

As part of the toolkit young people have worked together to create some activities that can be done with young people or on their own. Young people wanted to show others that there are things that can be done to support themselves whilst waiting on support from mental health services. The young people also wanted to show that there are things everyone can do to protect their mental health.

There are a range of things that have been included here are some examples:

- Wordsearches
- Colouring
- Games
- Group activities





# ACTIVITY IDEAS BY YOUNG PEOPLE

## POLICE

I	T	T	E	S	T	A	T	I	O	N	K	T	B
S	S	R	I	S	A	F	E	S	M	L	S	O	R
A	E	N	I	S	I	R	R	C	P	D	E	K	A
B	R	M	L	M	A	S	N	D	S	T	O	P	P
R	R	O	P	R	I	S	O	N	N	T	O	O	O
M	A	T	C	N	N	N	L	S	T	R	O	O	L
H	O	O	A	I	I	O	E	O	K	A	E	H	I
C	N	R	R	P	R	V	C	I	F	N	P	D	C
G	F	B	C	C	N	A	T	C	M	O	M	R	E
B	C	I	T	N	F	N	C	C	O	A	I	A	I
A	R	K	K	T	A	K	K	S	D	T	T	C	T
A	S	E	D	N	O	T	C	E	T	O	R	P	S
O	S	F	F	U	C	D	N	A	H	M	G	A	P
R	E	T	L	I	A	J	N	I	I	O	N	S	O

**PRISON**   **POLICE**   **DOGS**   **VAN**   **CAR**   **ARREST**  
**SAFE**   **JAIL**   **PROTECT**   **STATION**   **MOTORBIKE**   **HANDCUFFS**

# ACTIVITY IDEAS BY YOUNG PEOPLE

## SAFETY

C	P	O	H	S	E	E	T	H	I	E	T	H	S
T	O	T	T	S	S	P	E	H	R	T	C	E	S
H	S	T	D	I	U	H	T	E	T	D	E	E	A
E	E	M	C	R	O	S	S	I	N	G	T	H	M
P	E	L	C	L	M	O	M	S	E	H	O	I	P
S	U	P	P	O	R	T	T	A	A	T	R	R	E
D	P	S	E	I	E	H	S	D	E	S	P	E	M
I	S	G	A	O	G	T	I	E	R	C	T	A	O
E	B	G	P	I	M	S	P	T	T	T	P	I	H
C	H	O	L	S	T	E	E	B	E	A	S	T	S
H	S	E	I	L	A	M	F	E	E	F	S	P	R
P	S	E	E	S	L	A	A	A	S	T	S	M	O
G	T	B	H	E	E	S	T	L	S	P	M	L	A
C	T	E	H	F	E	E	H	P	T	I	T	T	D

HELMET

CROSSING

BELTS

SUPPORT

HOME

SAFE

ROAD

HELP

LIGHTS

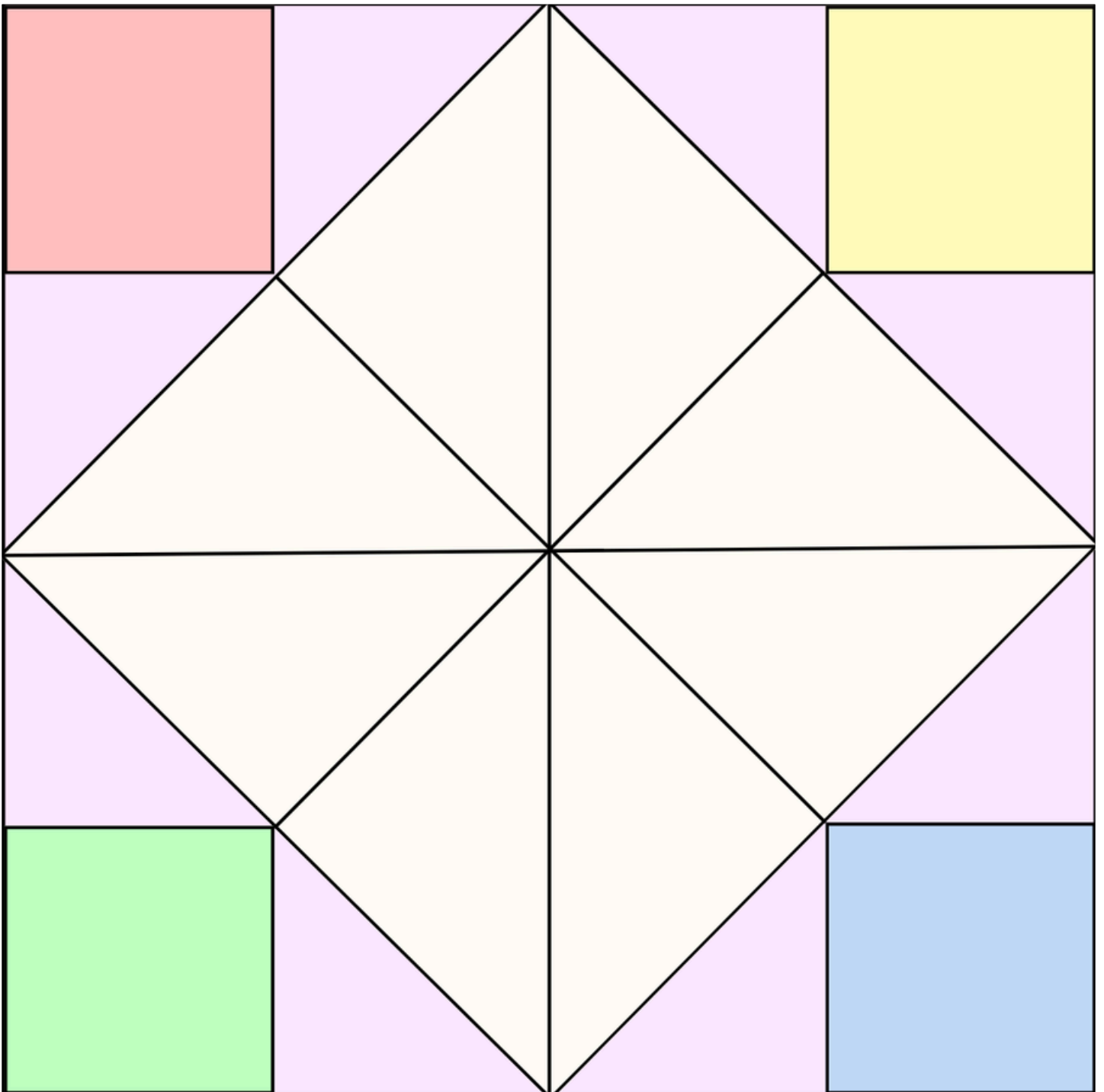
PROTECT

# PAPER CHATTERBOX

• POLICE AND SAFETY • PO  
• POLICE AND SAFETY • POLICE AND SAFETY

Fill in the gaps on the chatterbox with your own questions on the theme in this toolkit.

Cut and fold the chatterbox below



# WHAT ARE POSITIVE & NEGATIVE COPING SKILLS?

IGNORE WHAT IS HAPPENING

WALK AWAY

HURT SOMEONE

USE OFFENSIVE LANGUAGE

THINK ABOUT THE CONSEQUENCES

COUNT TO FIVE BEFORE YOU ACT

HURT YOURSELF

TAKE TIME TO BREATHE DEEPLY AND SLOWLY

TALK TO SOMEONE YOU TRUST

PUSH SOMEONE

PUNCH A HOLE IN THE DOOR



**NORTH EAST**  
YOUTH ALLIANCE



**COMMUNITY**  
FUND

AND SAFETY • POLICE AND SAFETY • POLICE

AND SAFETY • POLICE AND SAFETY • POLICE AND SAFETY  
AND SAFETY • POLICE AND SAFETY • POLICE AND SAFETY



AND SAFETY • CONTACT US • POLICE AND

North East Youth Alliance  
[info@neya.org.uk](mailto:info@neya.org.uk)

Linkedin | North East Youth Alliance  
Facebook | North East Youth Alliance  
Instagram | @neyouthalliance