



**NORTH EAST
YOUTH ALLIANCE**



**COMMUNITY
FUND**



TRANSPORT TOOLKIT

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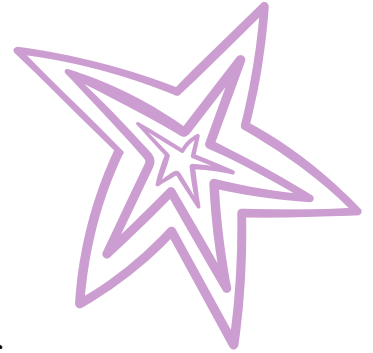
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ABOUT THIS TOOLKIT

This toolkit has been created by young people from across the North East, through the work of the NEYA, in a variety of settings. Young people were given the time, space and opportunity to be open about the topic without being judge or made to feel uncomfortable. The information included has all been given by young people aged 11 to 25 years.

The toolkit will be distributed across various organisations to use in their work.

Young people were asked 4 questions as a guide but the direction each session went varied depending on the group. The questions considered were:

- 1 WHEN I HEAR THE WORDS TRANSPORT SERVICES WHAT DO I THINK?
- 2 WHAT IS BAD ABOUT TRANSPORT SERVICES?
- 3 WHAT IS BAD ABOUT TRANSPORT SERVICES?
- 4 WHAT DO YOU WANT PROFESSIONALS TO DO TO IMPROVE TRANSPORT SERVICES?

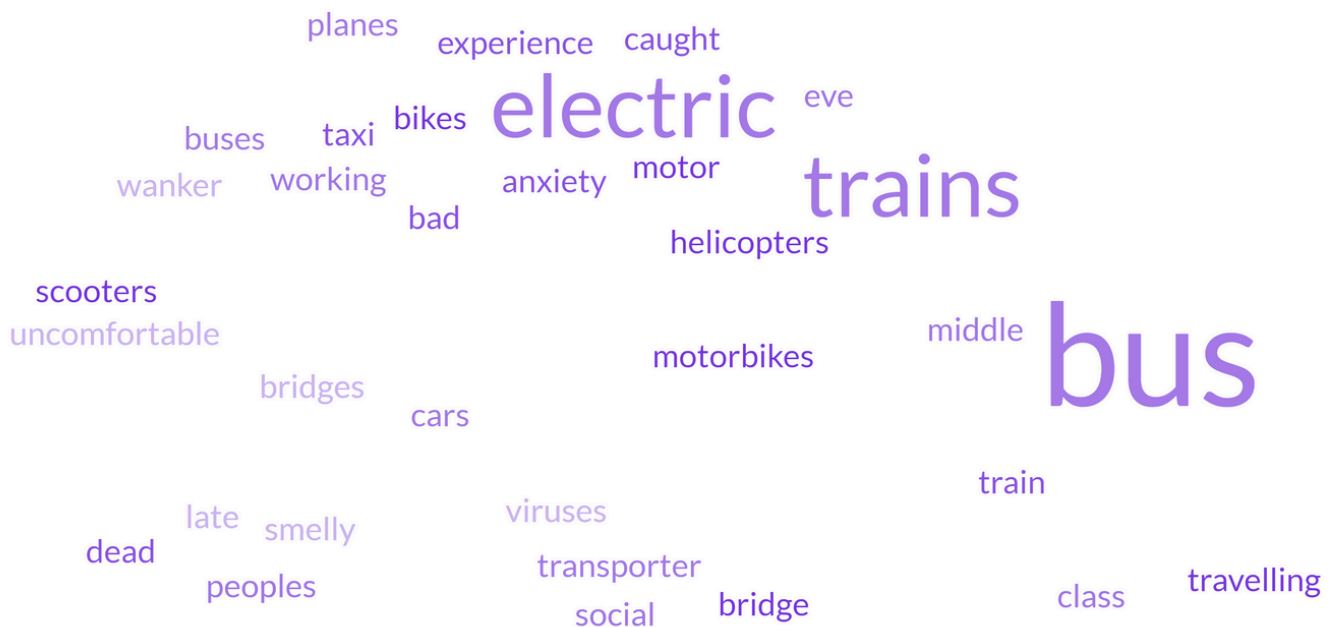




WHEN YOUNG PEOPLE HEAR THE WORD

“TRANSPORT”

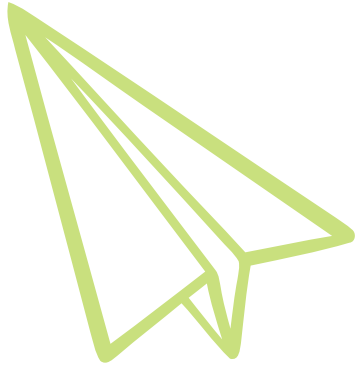
WHAT DO THEY THINK OF?



In this section young people have shared what words they think of when they first hear the word Transport. Young people were encouraged to be open and honest, putting what they first thought of.



WHAT IS BAD ABOUT TRANSPORT SERVICES?



Crashes

Carbon Dioxide

Cars breakdown

Distance

Get lost

Broken bridges/ fall down

Unreliable

Lack of structure

Hard for people to get the bus with anxiety

Nonverbal or anxious people may not be able to communicate with the drivers

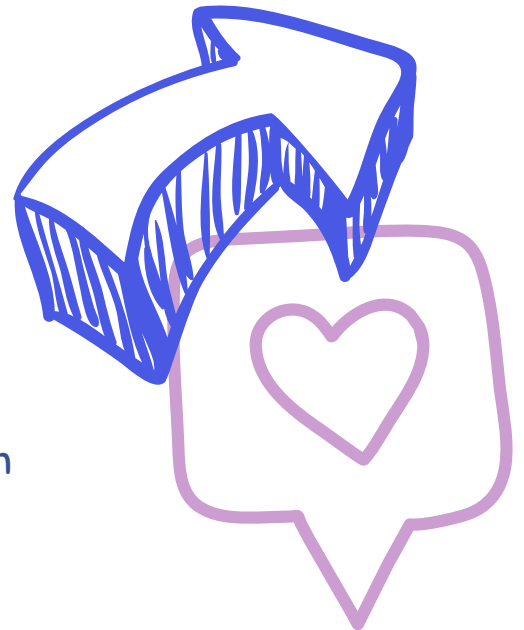
People treat others differently can be disrespectful because of social class

Train strikes

Expensive

Dangerous people can get targeted

Criminal damage



WHAT IS GOOD ABOUT TRANSPORT SERVICES?

Getting places

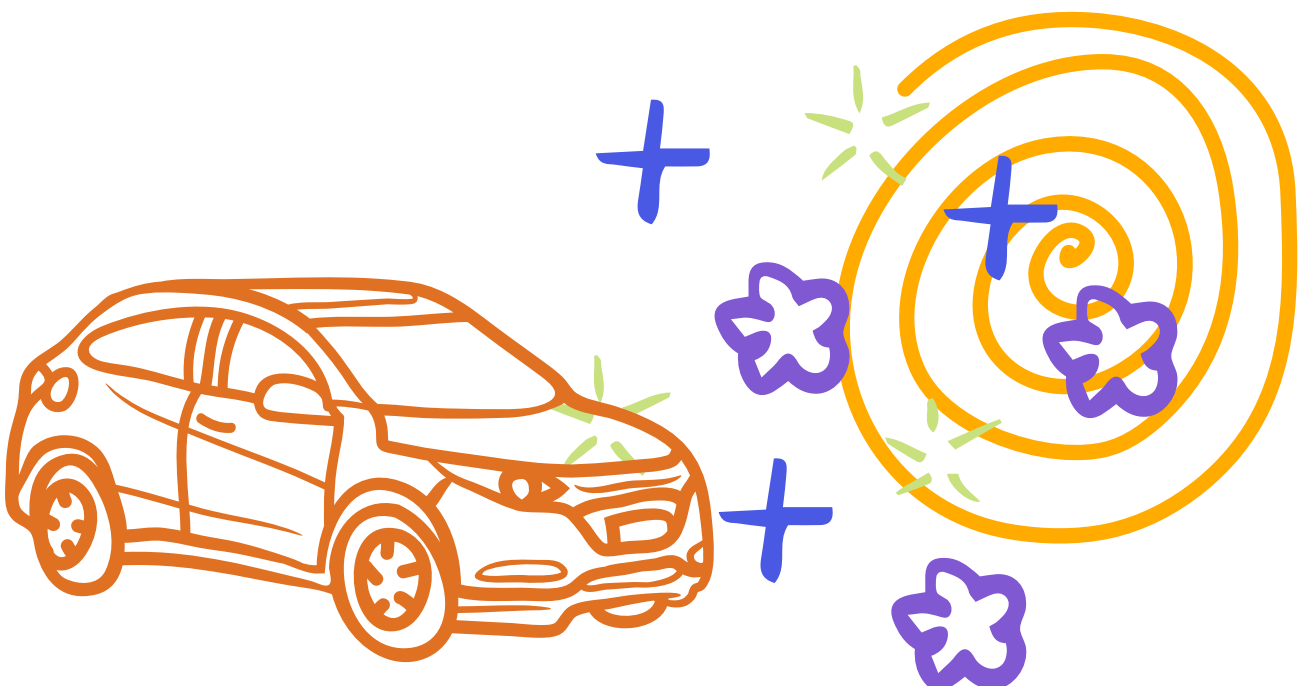
Quicker

Going somewhere quicker

Reusable energy

Get you places

Some drivers offer day tickets if they cost less to help customers save money



WHAT CAN PROFESSIONALS DO TO IMPROVE TRANSPORT SERVICES FOR YOUNG PEOPLE?

Use electricity

Stop starting wars (we discussed this and talked about the war in Ukraine and in Gaza. We talked about because of these wars the way our fuel is delivered has to go an alternative route which costs more to distribute)

Stop strikes

Not make journeys so far

Should be safer cause people are getting killed

- People driving too fast
- Hit other cars or people
- Spinout



ACTIVITY IDEAS BY YOUNG PEOPLE

As part of the toolkit young people have worked together to create some activities that can be done with young people or on their own. Young people wanted to show others that there are things that can be done to support themselves whilst waiting on support from mental health services. The young people also wanted to show that there are things everyone can do to protect their mental health.

There are a range of things that have been included here are some examples:

- Wordsearches
- Mindfulness colouring
- Breathing techniques
- Group activities



ACTIVITY IDEAS BY YOUNG PEOPLE

TRANSPORT

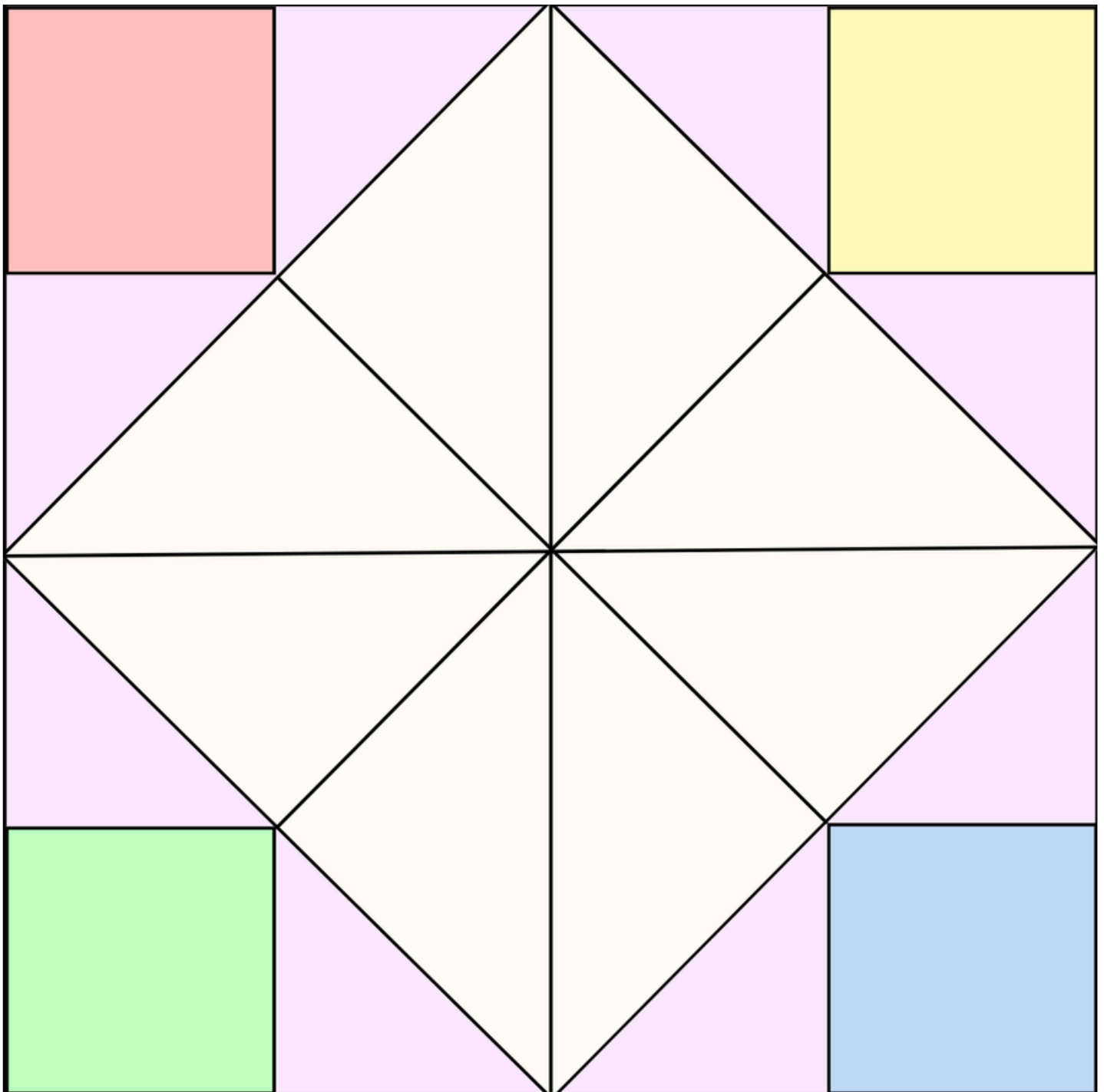
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R	E	R	S	E	A	L	S	L	A	A	I	N	B
A	R	R	A	A	Y	I	T	P	R	L	E	R	O
O	O	Y	B	M	C	J	Y	C	R	T	O	E	A
B	P	J	J	L	N	B	E	A	K	E	R	T	T
E	L	B	E	N	E	U	O	T	L	J	T	P	A
T	A	A	K	B	T	S	I	C	S	S	E	O	P
A	N	B	L	T	R	U	C	K	H	K	R	C	E
K	E	M	O	T	O	R	B	I	K	E	I	I	R
S	S	T	E	T	R	U	P	I	E	R	L	L	R
N	B	I	C	Y	C	L	E	J	E	U	P	E	C
S	R	B	R	E	T	O	O	C	S	M	R	H	P
K	A	I	T	R	O	U	O	T	P	U	H	T	B

MOTORBIKE JET SKI SHIP AEROPLANE BUS
CAR LORRY BOAT TRUCK BICYCLE
SKATEBOARD SCOOTER HELICOPTER

PAPER CHATTERBOX

Fill in the gaps on the chatterbox with your own questions on the theme in this toolkit.

Cut and fold the chatterbox below

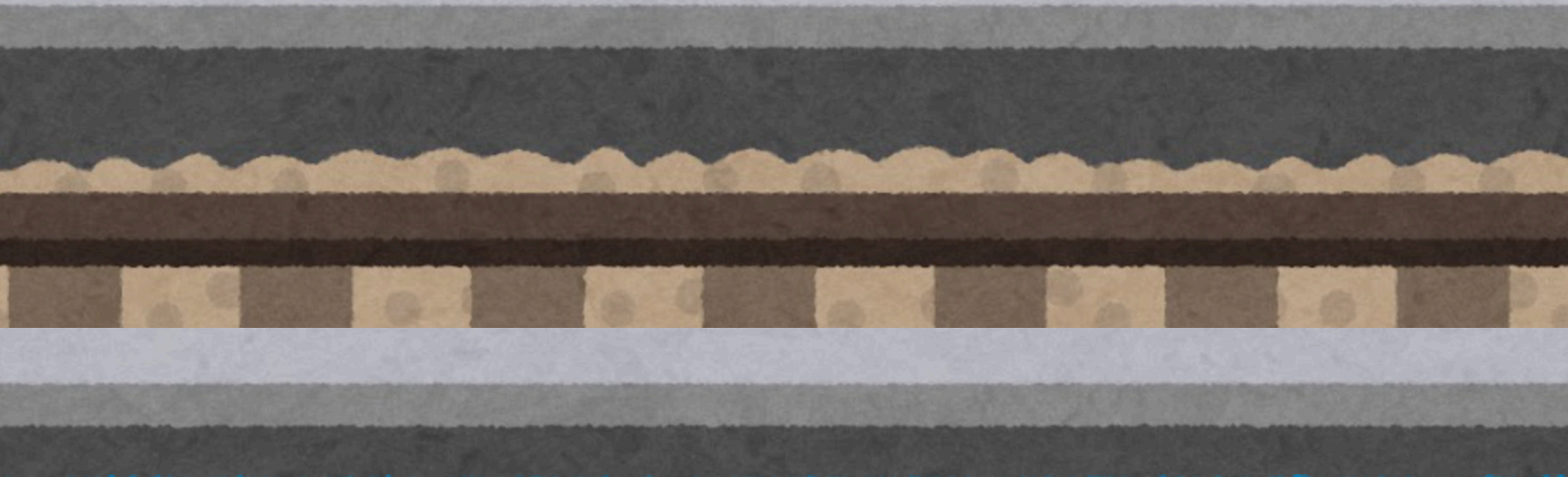
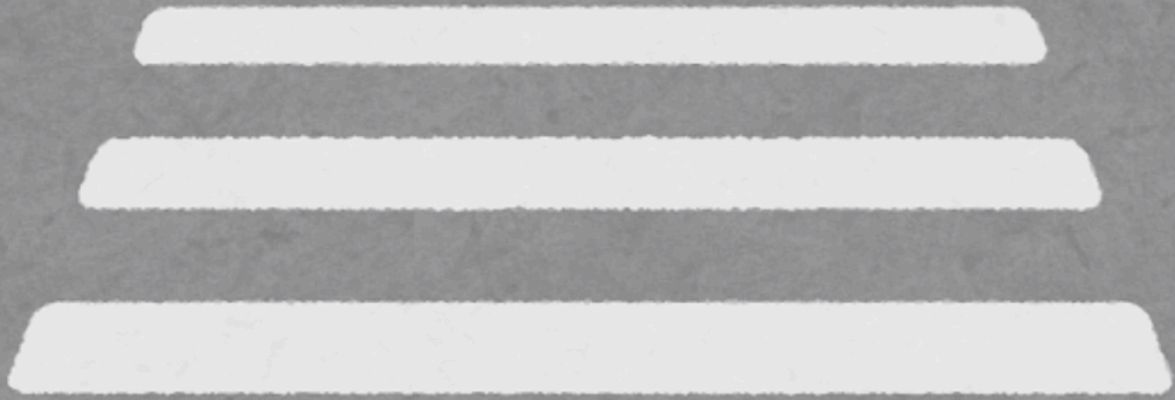


ACTIVITY IDEAS BY YOUNG PEOPLE

CAR COLOUR SURVEY

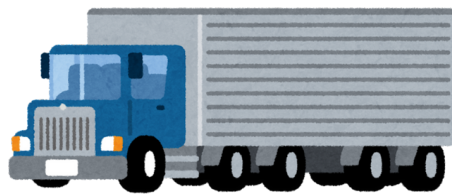
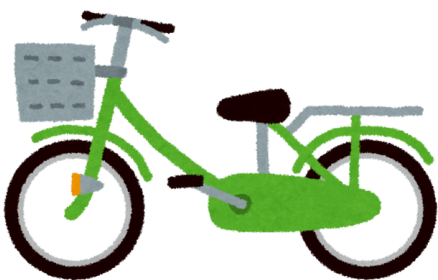
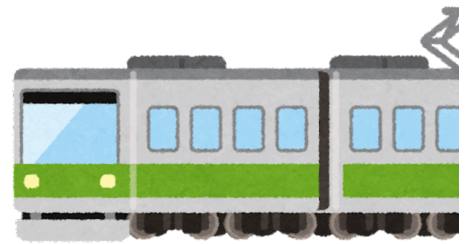
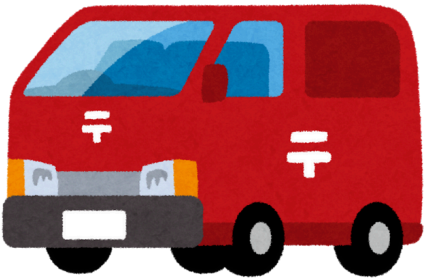
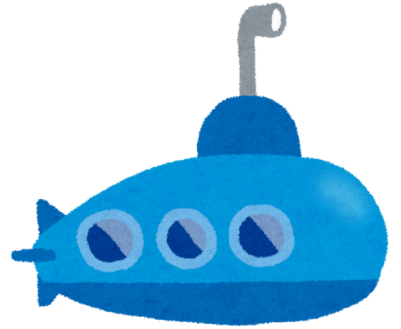
Make a tally chart to show the different car colours you see driving past

COLOUR	TALLY	TOTAL
RED		
BLUE		
GREEN		
YELLOW		
BLACK		
WHITE		
SILVER		
BROWN		
PURPLE		
ORANGE		
PINK		



SORTING ACTIVITY

SORTING ACTIVITY





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CONTACT US

North East Youth Alliance
info@neya.org.uk

Linkedin | North East Youth Alliance
Facebook | North East Youth Alliance
Instagram | @neyouthalliance