

NORTH ORMESBY YOUTH CLUB JUNIOR CAMPAIGNERS

Whilst in North Ormesby Youth Club, 8 young people engaged throughout the 7 weeks of this junior campaigner's project. The first few weeks of the project, I was introducing myself and the project with the young people and finding out what they were passionate about helping to change in their local area. The young people were torn between helping people with mental health issues and creating wellbeing packs for them but not knowing where to give them to, and they were wanting to help people who are homeless, creating packs for them and donating them to a homeless shelter in Middlesbrough town. The young people then decided their passion was to help the homeless and we thought about what we would like to do to tackle this. Over the next week we designed a poster which would be put around Middlesbrough and North Ormesby and got this to the standard we would like it, on this week also we created a list of the things we would like to put in the packs for the homeless. The young people decided they wanted, hand warmers, gloves, socks, blankets, toothbrush and toothpaste, deodorant, wipes and a refillable water bottle, lots of tinned food and sanitary items. The week after this we put all of the packs together and worked as a team to get 20 packs completed and made up ready for them to be delivered. Staff members went to Doorways in Middlesbrough town centre which is a homeless shelter, and delivered these packs and gave them some posters so that they could also advertise themselves.



GEORGE STEPHENSON HIGH SCHOOL JUNIOR CAMPAIGNERS



Ages: 14-15 years. Year 10 students.

Location: George Stephenson School and Rowan Court Independent Living Accommodation

Situation: Mrs Smith contacted me for information on Junior Campaigners and Healing hearts and Minds programmes. She has heard about the programmes from other professionals and invited Holly and myself into into the school to discuss both programmes.

Task: 4 weeks Junior campaigners social action programme, delivered in the school. After the programme was delivered the young people came up with their own social action programme that would benefit others living in the local community.

Action: Young people came up the idea of offer a games morning for the local older residents living in an Independent living accommodation 5 minutes' walk along from the young people school. The young people made lists of what was needed for the game's morning, we supported them with a risk assessment and the information needed to contact the accommodation to make contact.

Results: 23 young people delivered a fun morning of games and bingo with hot beverages and snacks. The young people have made a great impression on the staff and the residents, the residents had a brilliant morning and has asked for the young people to do the session again.

"This is amazing, we never get anyone to come into the recreational area(!!), to have young people in the room is lovely. The food is lovely and fresh, and the games have been great!"

GEORGE STEPHENSON HIGH SCHOOL JUNIOR CAMPAIGNERS

Dear _____

We are a group of students from George Stephenson High School and we are completing a project with the wider community with an intergenerational focus.

We would like to visit to play some board games and socialise with your residents. Our aim is to visit on Thursday the 18th of July in the morning but we are able to be flexible with the dates and timing. We are planning on bringing games, drinks and snacks including _____.

We would like to know how many people you have and if you have a kitchen that we can use. There are 20 of us students as well as 4 teachers, but these are estimates. We look forward to hearing back from you and for our visit.

Many thanks,

George Stephenson High School Campaigners

Dear Mollie Charlton

We are a group of students from George Stephenson High school and we are completing a project with the wider community with an intergenerational focus.

We would like to visit to play some board games and socialise with your residents. Our aim is to visit on Thursday the 18th July in the morning but we are able to be flexible with the date and timing. We are planning on bringing games, drinks and snacks including _____.

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Many thanks,

George Stephenson High School Campaigners

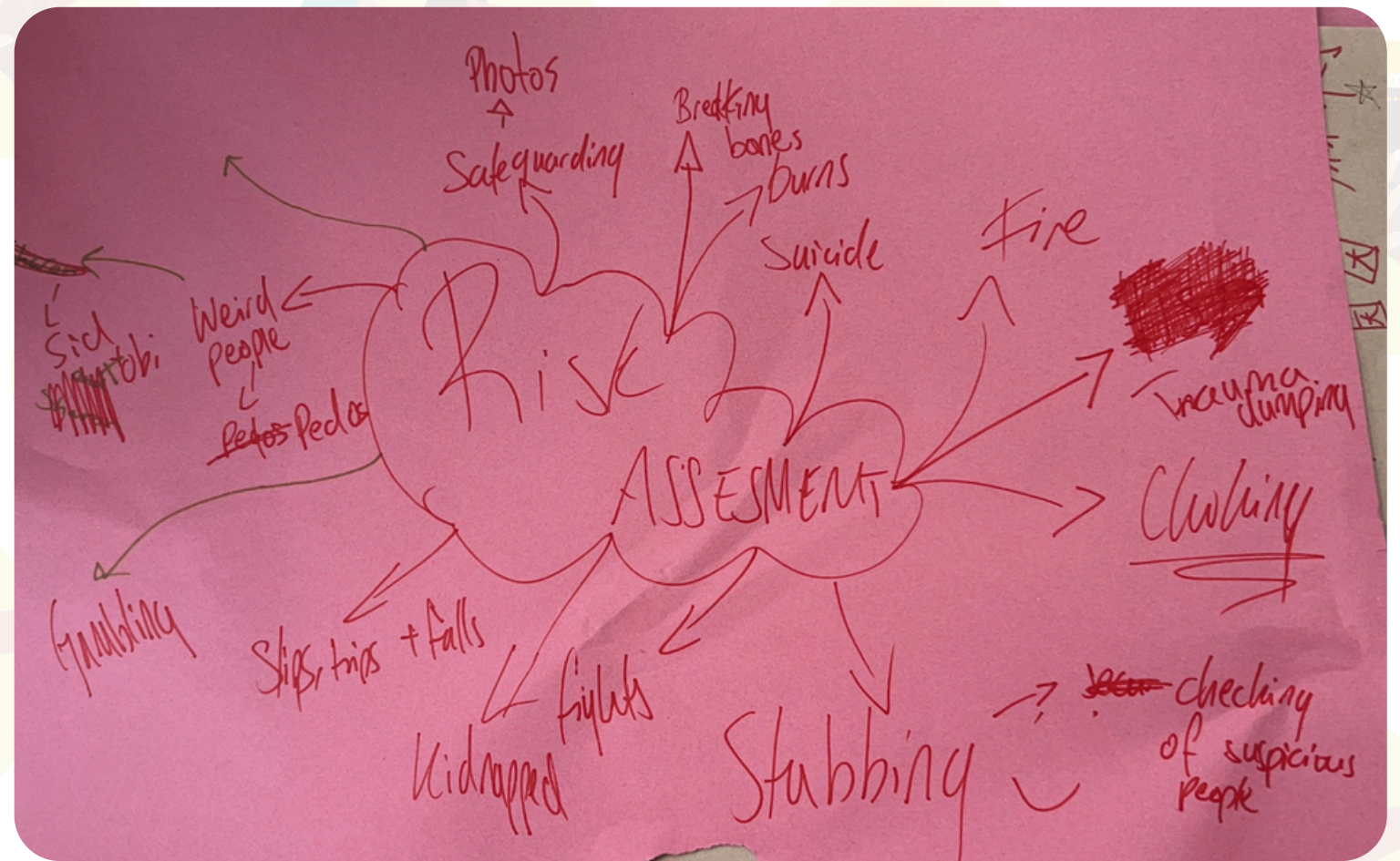
Cards Against Humanity
Monopoly
Pokemon
Mahjong
Chess
Bingo -> Prizes
Trivial Pursuit
Scrabble
Texas Holdem
Craft
Dominos
Snakes and Ladders
Guys from Salvation Bedlington



GEORGE STEPHENSON HIGH SCHOOL JUNIOR CAMPAIGNERS

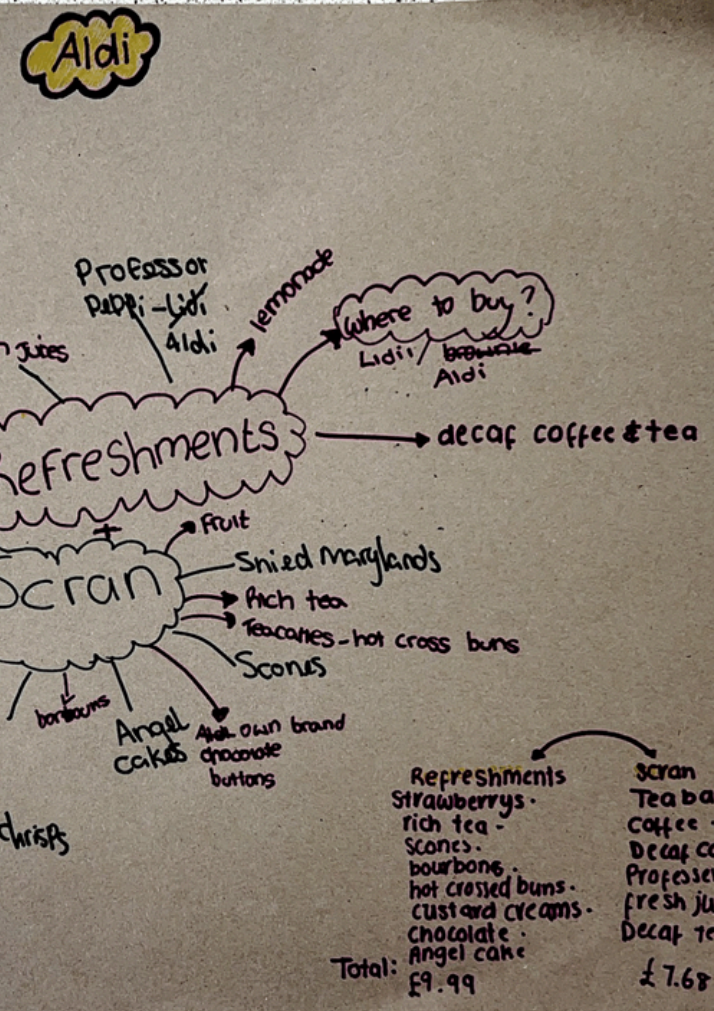
Risk Assessment -

- Clubbing
- Stabbing - Checking of suspicious people
- Fights
- Kidnapped
- Slips, trips + falls
- Gambling
- Weird people - pedos
- Safeguarding - Photos
- Breaking Bones
- Burns
- Suicide
- Fire
- Trauma Dumping



- Price**
- £1.09 - strawberries
 - 37p - rich tea
 - 1.35p - scones x6
 - 39p - borbouns
 - 1.39 - Angel cake
 - 39p - borbouns
 - 1.99 - hot cross buns
 - 45p custard cream
 - 55p professor peppi
 - 1.35 Tea bags
 - 99p instant coffee
 - 69p choc x4
 - £1.15 decaff coffee
 - 15p fresh juice

cut and stick
craft - cross motor
skills



- Refreshments**
- strawberrys
 - rich tea
 - scones
 - bourbons
 - hot crossed buns
 - custard creams
 - chocolate
 - Angel cake
- Total: £9.99**
- Scran**
- Tea bags
 - coffee
 - decaff coffee
 - professor pepsy
 - fresh juice
 - decaff tea bags
- Total: £7.68**

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- £1.09 - strawberries
 - 37p - rich tea
 - 1.35p - scones x6
 - 39p - borbouns
 - 1.39 - Angel cake
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 - 55p professor peppi
 - 1.35 Tea bags
 - 99p instant coffee
 - 69p choc x4
 - £1.15 decaff coffee
 - 85p Fresh juice

cut and stick
craft - cross motor
skills.

- Refreshments**
- Tea/coffee
 - Fresh juices
 - Professor Peppi - Lidl Aldi
 - lemonade
 - Where to buy? Lidl/ brownie-Aldi
 - decaff coffee & tea
- Scran**
- Custard Creams
 - Digestoves (snide)
 - hummis + carrots
 - borbouns
 - Angel cakes
 - Aldi - own brand chocolate buttons
 - Scones
 - Teacakes - hot cross buns
 - Rich tea
 - Snied Marylands
 - Fruit

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- Scran**
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 - fresh juice
 - Decaff tea bags
- £7.68**

GEORGE STEPHENSON HIGH SCHOOL JUNIOR CAMPAIGNERS

Hi My Name is Harman Nice too meet you!
 How has your day been today?
 Where are you from?
 Tell me about your life and experiences and difficulties you have faced in your life?
 What do you like to do usually?
 Do you have any family if you don't mind me asking?
 What sports/teams do you support?
 Do you feel like you have been successful in life?
 Do you have any advice for me?
 What message would you give too the younger generation?

Hi my name is Harman nice too meet you!
 How has your day been today?
 Where are you from?
 Tell me about your life and experiences and difficulties you have faced in your life?
 What do you like to do usually?
 Do you have any family if you don't mind me asking?
 What sports/teams do you support?
 Do you feel like you have been successful in life?
 Do you have any advice for me?
 What message would you give too the younger generation?

Top 10 Foods for older people

- fiber
- whole grains
- Nuts
- water
- fish
- lean protein
- dairy products
- blueberries
- Red + orange - coloured produce
- dark green-y looking vegetables

food + Scran

Top 10 foods -

- Burgers
- Sushi
- PIZZA
- Ramen
- tortillas
- Yakiniku
- tacos
- Croissant
- Jiaozi
- Sashimi

food + Scran

top 10 foods for older people

- fiber
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- Burgers
- Sushi
- pizza
- Ramen
- tortillas
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- Jiaozi
- sashimi

Care Home

- Lambton House Care Home**
Phone: 0191 385 5768
Blyth: 30 mins
18.2 miles
- Ashfeild Court Care Home**
Phone: 0191 580 1134
7 mins Forishall
- Allan Court care home**
22 minutes (10.1 miles)
phone: 0191 274 1100
- Forest hall Social club**
0191 268 1197
Open at 3 o'clock
Friday - 1 o'clock
- Forest hall Constitutional & Unionist Club**
0191 266 1591
- Dementia care**
- old Age (65 years+)**
- Physical Disabillties**
- Respite care.**

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 Blyth: 30 mins
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Allan Court care home
 22 minutes (10.1 miles)
 phone: 0191 274 1100

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