



NORTH EAST
YOUTH ALLIANCE



Middlesbrough College

Drug Awareness

BOOKLET

Created by Young People
from Middlesbrough College

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Welcome

INTRODUCTION

➤ A group of students at Middlesbrough College have worked together to create a comic strip to raise awareness of drug misuse. As part of their course through Roots Academy, the group wanted to include information about the consequences of possessing and distributing drugs. To support their campaign and ensure they had the correct information, they met with the local police and local drug and alcohol service.

The comic strip, titled 'The Party', is about a group of friends attending a house party when one of them leaves to buy and take drugs. The comic strip demonstrates how quickly things can change and the consequences of people's actions when it comes to drugs.

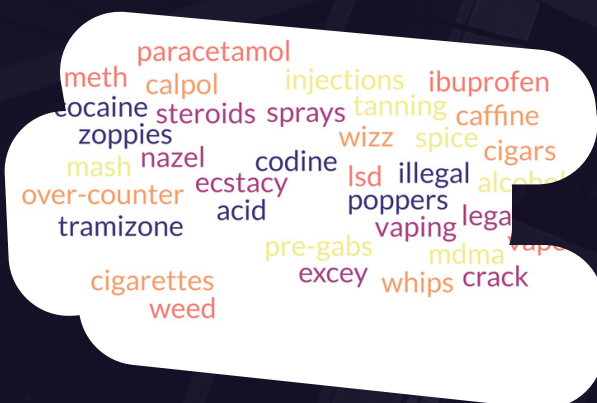
WHAT ISSUE DO YOU WANT TO FOCUS ON?

When we asked the young people the above question, they were very keen to discuss drugs and the impact that it has on their peers. The young people used the session to think about the types of drugs young people take, with a focus on illegal drugs.

- Types of drugs (including street names)
- Crack
- Vaping
- Excey (ecstasy)
- Nazez sprays
- Steroids (both legal and illegal)
- Tramizone
- Zoppies
- Codine
- Poppers
- Cocaine
- Acid
- Pre-gabs
- MDMA
- Spice (including how it has been known to be put into illegal vapes)
- Mash
- Alcohol
- Tanning injections
- Wizz
- Whips
- Calpol
- Caffine
- Over-the-counter drugs such as paracetamol and ibuprofen
- Cigarettes/cigars/vapes
- Weed
- LSD
- Meth
- Smack

One young person even commented that seeing the list above made them want to take drugs. We talked about why, and they said that because of the names drugs are given, it sounds fun.

Some of the drugs listed caused a bit of debate, as they could be seen as either legal or illegal.





WHY DO SOME PEOPLE TAKE DRUGS?

The group then went on to think about the impact drugs have on the person who takes them. They considered the consequences for the individual who takes them.

- Depressed
- Lose family
- Make you feel paranoid
- Make you homeless
- Makes you into a different person
- Affects sleep
- Becomes the main priority (drugs)
- Kill you
- Addiction
- Fall out of relationships (friends/family/romantic)
- Changes your looks



COPING MECHANISMS

The group then considered things people could do as an alternative to taking drugs. Here are some of the ideas they thought of.

- Go shopping
- Gaming
- Get a therapist
- Learn something new
- Self care
- Spending time with family and friends
- Rehab
- Get hair done
- Buy new clothes
- Surround yourself with sober and positive people
- Distract yourself
- Exercise
- Hobbies

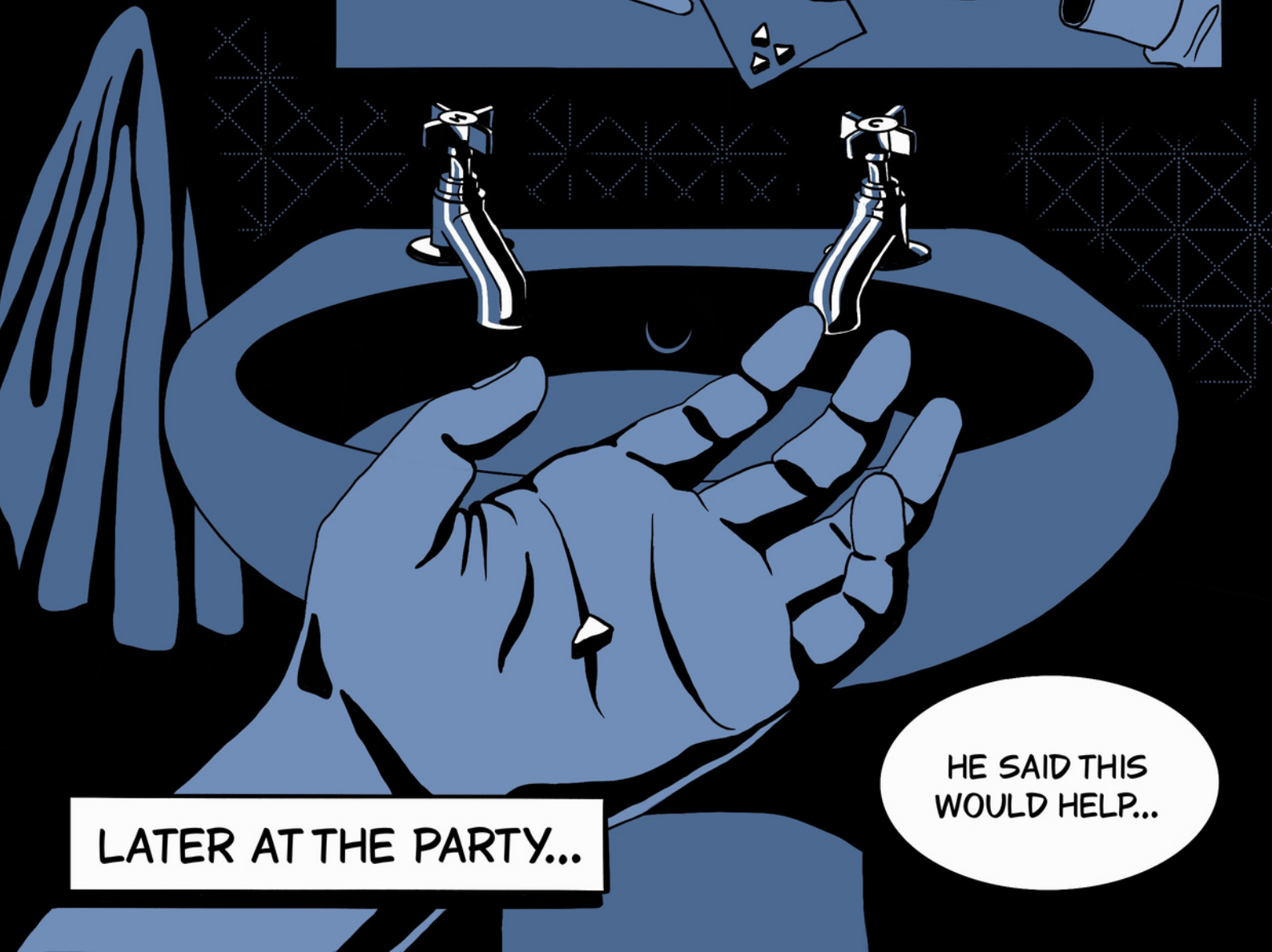
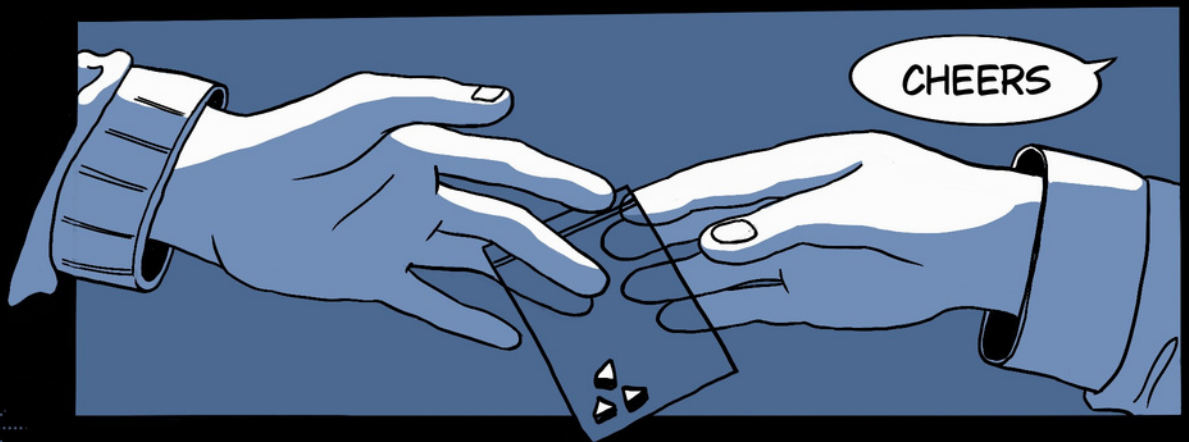
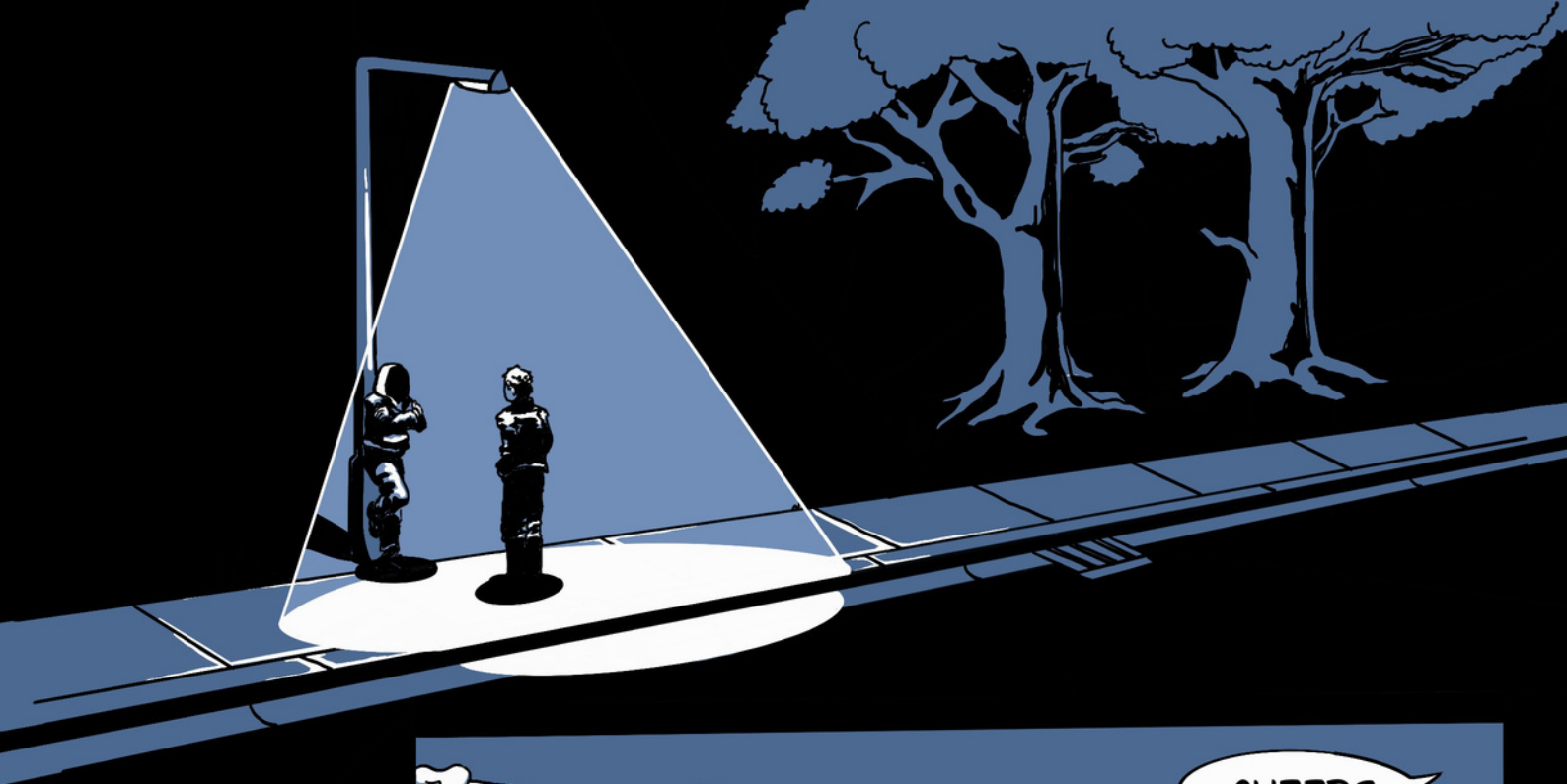


THE PARTY



TALK
TALK
TALK





LATER AT THE PARTY...

HOURS PASS...

HEY! IS THAT GUY OKAY?

GURGLE

CHOKE

GURGLE

IS HE DEAD?

STAY CALM, SOMEONE
IS ON THE WAY NOW.

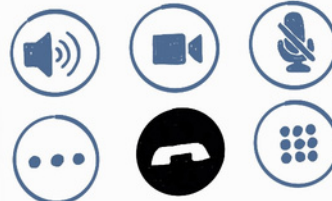
...silence

SCREW THIS!

I'M LEAVING BEFORE
THE POLICE GET HERE!

01:37

999



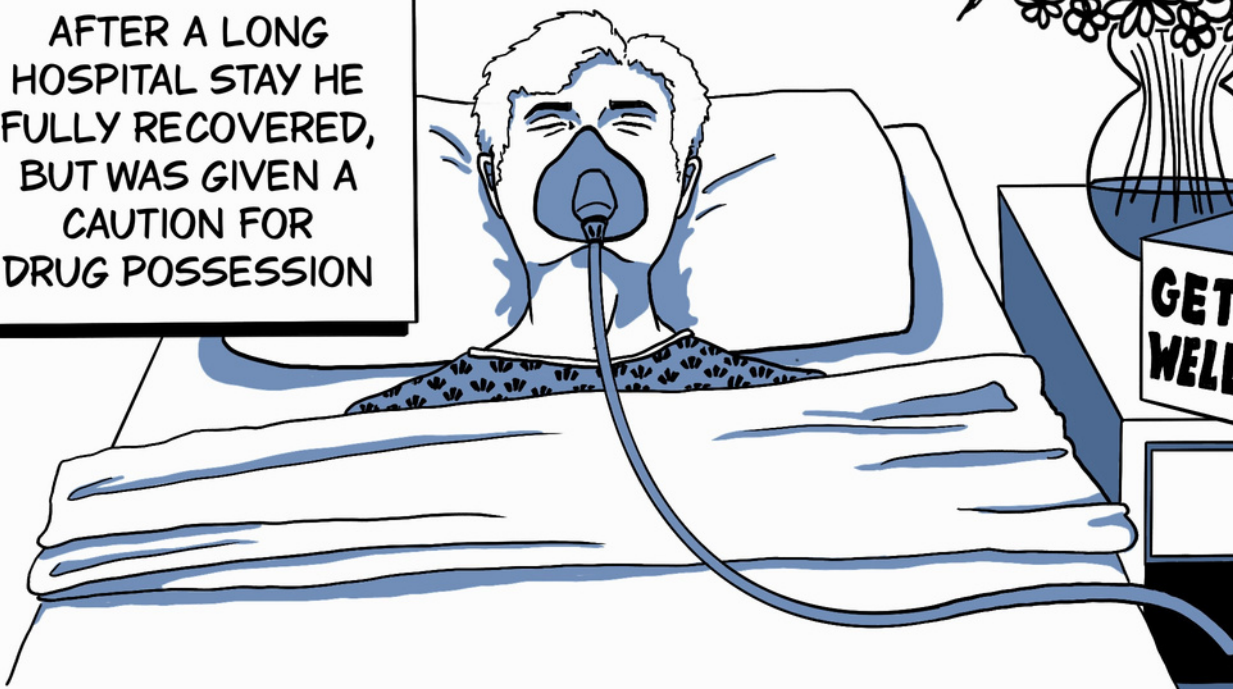


DRUG DEALER
WAS FINED
£10,000 AND WAS
SENT TO JAIL

BANG
BANG
BANG



AFTER A LONG
HOSPITAL STAY HE
FULLY RECOVERED,
BUT WAS GIVEN A
CAUTION FOR
DRUG POSSESSION



GET
WELL

MISS
YOU
SENDING
HUGS

Useful Contacts

NORTH EAST



Drug and Alcohol Help for Young People in South Tyneside | Get Help Now
Information and support services for young people dealing with alcohol or drug use in Middlesbrough and Redcar. Includes treatment options, what to expect, and how to get started.

Public Health South Tyneside

Drug and alcohol support | Middlesbrough Council

If you want to talk to someone about your drug or alcohol use, we're here to help.

 middlesbrough.gov.uk

**Northumbria, Northumbria
Tyne and Wear
NHS Foundation**

North Tyneside Recovery Partnership –
CNTW037 :: North Tyneside Recovery
Partnership – CNTW037 :: Cumbria,...

North Tyneside Recovery Partnership
(NTRP) is a dedicated service for anyone...

cntw.nhs.uk



Counselling Centre on Addictions

We provide help, support, counselling, mentoring for individuals and families with substance and other process addictions, mental health issues, and other neurodiverse...

 Addictions North East



Home Page

Recovery isn't just about stopping your use of drugs and alcohol. It's about rebuilding your life in the way you want - contact us today.

 Recovery Connections

Useful Contacts

NATIONAL



KnowDrugs
drug alerts, substance info & advice

Get it on Google Play | Download on the App Store

KnowDrugs App: Pill testing results & harm-reduction advice

Stay up to date about all recent pill testing results and pill reports. Find information on more than 200 drugs and learn how to practice safer use and harm reduction.

KnowDrugs

Honest information about drugs | FRANK

Find out everything you need to know about drugs, their effects and the law. Talk to Frank for facts, support and advice on drugs and alcohol today. | FRANK

 talktofrank.com

North East Youth Alliance **INFORMATION.**



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